



**Cindy Cassell PhD, RD, LD**  
**Nutrition Access LLC**

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## **Statement of Qualifications**

Cindy completed her undergraduate degree in Exercise Science at Purdue University and completed a Masters in Health Promotion and an Interdisciplinary Doctorate from the University of Cincinnati.

Cindy is passionate about health and disease prevention. She has worked at Children's Hospital Medical Center in the Cardiovascular Exercise Lab. In 2001, Cindy created Nutrition Access, a private practice and corporate healthcare consultant.

List of clients include:

- Kettering Sports Medicine Center
- Advanced Bariatric Services
- Pediatric Practices/ Family Practices
- Corporate Wellness/Insurance Agencies
- Many small and large businesses onsite worksite wellness
- Oncologists
- UC Health executive physical program

Cindy has also been very active in the American Dietetic Association. She served as newsletter editor for the Sport, Cardiovascular and Wellness Nutrition practice group, a 5,000 member specialty group of the American Dietetic Association. She has served as president of the local Greater Cincinnati Dietetic Association and is also active in the Ohio Dietetic Association.

An excellent presenter, Cindy is a National speaker for Sports Nutrition conferences and a NCAA authorized speaker. She has also done "Health Talk" radio show for 13 weeks on local Cincinnati airwaves WLW 1520.

Cindy's personal commitment to fitness is exemplified by her accomplishments: NCAA All-American while at Purdue, competitive runner, completed several marathons and triathlons, and serving as a track and cross country coach for Seven Hills School. Since 1998- present: family business Vista Grand Ranch Buffalo farm-distribute, sell and market buffalo meat.